

The BABY & ME - Tobacco Free Program

**Are you pregnant?
Do you smoke or vape?**

Quit smoking/vaping and receive cash incentives

What You Get



Quit Coach

Free one-on-one motivational counseling during and after pregnancy



Support During & After Pregnancy

A plan to support and help you quit and stay quit



Cash Incentives

Earn up to \$400 in gift cards



Baby & Me
TOBACCO FREE

Use this link to self-refer:



<https://babyandmetobaccofree.org>

**You will receive a call/email
from BMTFP in 3 business
days**

Email: camille@bmtfp.org