

# Quitting smoking is covered with Medicaid

It's hard to quit—whether you smoke cigarettes, chew, or use other types of tobacco. In just three easy steps the Medicaid benefit can help members on their way to becoming tobacco free.

STEP

1

TALK to a medical provider



STEP

2

ASK about stop smoking medications, like nicotine patches or gum, and get a referral for support



STEP

3

USE the medication and support you choose



# Here's what works— and it's all FREE!

## MEDICAL PROVIDER



Medical providers include doctors, nurses and other clinic staff—all can help.

Ask a provider about one-on-one or group support, in person or over the phone.

Using medication and receiving support at the same time works best.

## MEDICATION



Prescriptions covered include:

- Nicotine patch, nicotine gum, nicotine lozenge, Nicotrol® NS (nicotine nasal spray), and Nicotrol® Inhaler (nicotine inhalation system).
- ZYBAN® (bupropion hydrochloride SR) and Chantix® (varenicline) tablets

Combining medications can increase odds of success.

## COLORADO QUITLINE



Get free medication and support services through the Colorado QuitLine.

Extra counseling and medication, texting and incentives are also available to women during pregnancy and after birth through the Prenatal Plus Program.

☑ 1-800-QUIT NOW (1-800-784-8669)

☑ Go to [coquitline.org](http://coquitline.org) or ask your provider for a referral.